Chicken Salad

Nutrition Facts

Approx. 4 ounces	Add your choice of bread for total value.				
Amount per serving	Chicken Salad	Croissant	English Muffin	Wheat	Roll
Calories	300	310	190	240	190
Total Fat	21 g	15g	1.5g	3.0g	1.5g
Saturated Fat	2g	8g	0g	0 g	0g
Trans Fat	0g	0g	0g	0 g	0g
Cholesterol	25mg	0mg	0mg	0mg	0g
Sodium	590mg	370mg	320mg	420mg	380mg
Total Carbohydrate	12g	38g	37g	42 g	38g
Dietary Fiber	0g	1g	1g	2 g	1g
Total Sugars	1g	6g	4g	4g	3g
Includes Added Sugars	0g				
Protein	20g	7 g	6g	10g	7g
Vitamin D 0mcg 6% •	Calcium 13mg 2%				
Iron 1mg 6% •	Potassium 194mg 4%				

Ingredients

White chicken meat, mayonnaise (canola oil, egg yolk, water, distilled vinegar, sugar, contains less than 2% of salt, lemon juice concentrate, natural flavor), celery, cider vinegar, sea salt, vinegar powder, lactic acid, maltodextrin, cultured dextrose, sodium diacetate, nisin preparation (sodium chloride, nisin preparation) egg white lysozyme, black pepper, granulated onion, granulated garlic, garlic powder and xanthan gum.

Allergens

Please be advised that any of our products may contain, or may have come in contact with, allergens including Eggs, Fish, Milk, Peanuts, Shellfish, Soy, Tree nuts (Walnuts), and Wheat.