

Tuna Salad

Nutrition Facts

Approx. 4 ounces

Add your choice of bread for total value.

| Amount per serving | Tuna Salad | Croissant | English Muffin | Wheat | Roll |
|---------------------------------|------------|--------------------|----------------|------------|------------|
| Calories | 320 | 310 | 190 | 240 | 190 |
| Total Fat | 25g | 15g | 1.5g | 3.0g | 1.5g |
| Saturated Fat | 2.5g | 8g | 0g | 0g | 0g |
| <i>Trans</i> Fat | 0g | 0g | 0g | 0g | 0g |
| Cholesterol | 110mg | 0mg | 0mg | 0mg | 0mg |
| Sodium | 520mg | 370mg | 320mg | 420mg | 380mg |
| Total Carbohydrate | 7g | 38g | 37g | 42g | 38g |
| Dietary Fiber | 0g | 1g | 1g | 2g | 1g |
| Total Sugars | 11g | 6g | 4g | 4g | 3g |
| Includes 0g Added Sugars | 0g | | | | |
| Protein | 16g | 7g | 6g | 10g | 7g |
| Vitamin D 1mcg 6% | • | Calcium 13mg 2% | | | |
| Iron 1mg 6% | • | Potassium 168mg 4% | | | |

Ingredients

Tuna (fish yellowfin and/or tongol fish, water, salt), mayonnaise (canola oil, egg yolk, water, distilled vinegar, sugar, contains less than 2% of salt, lemon juice concentrate and natural flavor), celery, breading (unbleached wheat flour, natural cane sugar, yeast, sea salt), dehydrated vinegar, sorbic acid, sea salt, black pepper, garlic salt, xanthan gum and citric acid.

Allergens

Please be advised that any of our products may contain, or may have come in contact with, allergens including Eggs, Fish, Milk, Peanuts, Shellfish, Soy, Tree nuts, and Wheat.